Supplementary Table 2. Comparisons of HRV indices between patients with HB and HCs using analysis of covariance models adjusted for years of education and depressive symptom severity (BAI total score)

HRV indices	HB (N=67)	HC (N=72)	F	p
Time domain				
MHR	81.06±15.06	70.86±10.74	1.275	0.264
SDNN	28.47±14.30	42.88±23.12	2.558	0.116
RMSSD	19.57±13.96	35.99±25.20	1.685	0.200
Frequency domain				
log TP	5.92±1.78	6.97±1.28	2.711	0.105
log VLF	5.14±1.82	5.93±1.47	1.664	0.202
LF norm	57.99±21.73	47.66±24.13	0.402	0.529
HF norm	42.10±21.66	52.24±24.12	0.468	0.497
LF/HF ratio	2.17±1.88	1.50±1.92	0.530	0.470

Values are presented as mean±standard deviation. For SDNN and RMSSD, analyses were performed after excluding two extreme outliers: one from the HB group and one from the HC group. HRV, heart rate variability; HB, Hwa-byung; HC, healthy control; BAI, Beck Anxiety Inventory; MHR, mean heart rate; SDNN, standard deviation of normal-to-normal interval; RMSSD, root mean square of successive RR interval differences; TP, total power; VLF, very low frequency; LF, low frequency; LF norm, [LF/(LF+HF)]; HF, high frequency; HF norm, [HF/(LF+HF)]; LF/HF, LF/HF ratio.