Supplementary Table 1. Comparison of demographic characteristics and key variables between retained and excluded participants

Characteristic	Retained (N=580)	Excluded (N=114)	Statistic	p
Demographic characteristics				
Age (yr)	58.80±6.61	55.33±7.47	5.01	<0.001
Sex (female)	262 (45.2)	42 (36.8)	2.69	0.101
Education			9.49	0.023
Elementary school	11 (1.9)	0 (0.0)		
Middle school	21 (3.6)	1 (0.9)		
High school	255 (44.0)	40 (35.1)		
College or higher	293 (50.5)	73 (64.0)		
Marital status			0.13	0.722
Married/living with a partner	470 (81.0)	94 (82.5)		
Never married/separated/divorced/widowed	110 (19.0)	20 (17.5)		
Monthly income			7.40	0.025
Less than $2,310	290 (50.0)	42 (36.8)		
$2,310–$3,850	199 (34.3)	40 (46.5)		
More than $3,851	91 (15.7)	19 (16.7)		
Household size			8.32	0.016
Living alone	41 (7.1)	14 (12.3)		
Two-person household	281 (48.4)	40 (35.1)		
Three or more-person household	258 (44.5)	60 (52.6)		
Number of chronic diseases			1.17	0.557
0	299 (51.6)	64 (56.1)		
1	94 (16.2)	19 (16.7)		
2+	187 (32.2)	31 (27.2)		
Participation in religious activities			4.08	0.044
Yes	294 (50.7)	46 (40.4)		
No	286 (49.3)	68 (59.6)		
Key variables				
SMCs	1.18±1.10	1.39±1.39	-1.52	0.130
Loneliness	18.98±10.14	22.95±9.59	-3.85	<0.001
Depression	5.78±4.22	6.59±4.36	-1.86	0.064
MIL	50.46±9.72	48.36±10.09	2.09	0.037

Values are presented as mean±standard deviation for continuous variables and N (%) for categorical variables. Group differences were tested using independent-samples t tests for continuous variables and chi-square tests for categorical variables. The statistic column represents t-values for continuous variables and χ^2 values for categorical variables. SMCs, subjective memory complaints; MIL, meaning in life.