Supplementary Table 2. Predictor importance for three age groups

	18−39 years	Im (%)	40−59 years	Im (%)	60−100 years	Im (%)
1	Loneliness	18.49	Loneliness	19.9	Loneliness	13.69
2	Stress	9.64	Stress	9.69	EyeDis	8.73
3	ProbNet	8.76	ProbNet	7.96	ProbNet	8.10
4	NegEve	7.24	Gender	5.51	Stress	7.78
5	ChroDis	6.40	SubWB	4.75	SubWB	7.06
6	SL	5.47	SL	4.64	CityLD	6.39
7	SubWB	4.82	ChroDis	4.39	ChroDis	6.08
8	Residency	4.71	Married	4.32	SL	5.58
9	Tea	4.14	NegEve	3.62	LivAlone	4.67
10	Alcohol	4.02	EyeDis	3.57	NegEve	4.21
11	Smoking	3.98	HQua	3.52	Smoking	3.71
12	MInc	3.77	LivAlone	3.07	residency	2.50
13	HQua	3.21	Smoking	2.66	Coffee	2.16
14	EyeDis	2.20	SocSupp	2.46	HQua	2.14
15	Married	1.71	residency	2.39	Tea	2.00
16	Emp/Stu	1.57	Alcohol	2.37	SocSupp	1.80
17	SocSupp	1.41	ScrB	2.26	Education	1.67
18	Gender	1.16	Age	1.66	Neighborhood	1.47
19	Self-efficacy	0.92	CityLD	1.6	Self-efficacy	1.4
20	ScrB	0.80	TakFood	1.37	SugBev	1.38
21	Age	0.75	SugBev	1.21	Married	1.30
22	Education	0.71	Neighborhood	1.03	Emp/Stu	0.95
23	SocSta	0.69	Self-efficacy	0.99	SocSta	0.90
24	InfDL	0.69	Emp/Stu	0.98	SubSQ	0.90
25	LivAlone	0.68	Water intake	0.79	Water intake	0.77
26	PA	0.60	MInc	0.76	MInc	0.77
27	Water intake	0.47	SubSQ	0.71	TakFood	0.6
28	SugBev	0.29	Education	0.59	Gender	0.46
29	SubSQ	0.26	Tea	0.41	InfDL	0.39
30	CityLD	0.22	Coffee	0.31	PA	0.33
31	Coffee	0.12	PA	0.3	ScrB	0.09
32	TakFood	0.07	SocSta	0.11	Age	0.04
33	Neighborhood	0.02	InfDL	0.09	Alcohol	0.00

Im, importance; ProbNet, problematic internet use; SubWB, subjective well-being; NegEve, negative life event; ChroDis, chronic disease; SocSupp, social support; SL, sleep latency; MInc, monthly income; EyeDis, eye disease; ScrB, screens before bedtime; InfDL, influence on daily life; SocSta, social status; HQua, home quarantine; PA, physical activity; SubSQ, subjective sleep quality; Emp/Stu, employed/student; SugBev, sugar beverage; LivAlone, living alone; TakFood, takeaway food; CityLD, city lockdown