

Supplementary Table 2. Mean and standard deviation of MIQ-T-SF scores between genders

	Total	Males	Females
Lability	4.88±3.25	4.39±3.16	5.37±3.27
Downward Tendency	4.66±2.27	3.94±2.26	5.37±2.04
Upward Tendency	4.71±1.77	4.33±1.77	5.09±1.69
Seasonality	3.96±2.01	3.78±2.02	4.15±1.98
Childhood Instability	2.29±2.11	2.26±2.14	2.31±2.08

Values are presented as mean±standard deviation. MIQ-T-SF, short form of the Mood Instability Questionnaire-Trait