

**Supplementary Table 1.** The distribution of each reason for behind not being able to rest at home

Variables	Total	Depressive symptoms		p-value
		No (PHQ-9<10)	Yes (PHQ-9≥10)	
Reasons behind not being able to rest at home				<0.001
Can rest at home	213,864 (94.7)	208,003 (97.3)	5,861 (2.7)	
Because of work	10,077 (4.5)	9,701 (96.3)	376 (3.7)	
Because of the need to purchase daily necessities	214 (0.1)	200 (93.5)	14 (6.5)	
Because of the need to take care of family members or friends	322 (0.1)	302 (93.8)	20 (6.2)	
Others	1,267 (0.6)	1,184 (93.4)	83 (6.6)	

Data are presented as N (%). PHQ-9, Patient Health Questionnaire-9