

Supplementary Material

Drawing Test Form for Depression (DTF-D)

This test contains 8 questions that will be used to evaluate depression. Observe closely and answer the questions that follow. While answering the questions, judge the drawing based on its overall mood. After evaluation of the three drawings (free, tree, and emotion) is completed, please rate them according to the evaluation method (EM) of each drawing element. The total score is 24. A score of ≥ 7 is considered as depression.

Total score	
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Harmony

This question is for proper consonance between elements and/or images in the drawing. The relevance or graphic consistency between the subject and drawing is important. Improper distance between the items in the drawing indicates a lack of harmony. "Harmony" refers to "integration" in the Drawing Test Form for Depression DAF.

Questions	Yes	No
Lack of graphical or thematic harmony.		
There is isolation or considerable distance between items.		
Drawing with defensive characteristics (e.g., keyhole tree, lollipop tree, stick man)		
(EM) If at least one of the answers is marked as "Yes," allot a score of "1."	1	0

Tilt

A slope of more than 5 degrees to the left or right. The use of tools to measure the slope is recommended because it is difficult to gauge the slope with the naked eye.

Questions	Yes	No
The vertical axis is tilted more than 5 degrees to the left or right.		
(EM) If at least one of the answers is marked as "Yes," allot a score of "1."	1	0

Symbol

Conventional representation of a single image such as a mark or sign (it should not be a personal idea). It includes all the symbolic items incorporating the criteria of "landscape" in the DAF.

Questions	Yes	No
The image used is represented conventionally or larger than its original meaning.		
A mark or sign that is generally called a symbol in art therapy.		
(EM) If at least one of the answers is marked as "Yes," allot a score of "1."	1	0

Space utilization

To evaluate this, the drawing sheet is visually divided into four equal parts horizontally and vertically. A total of 16 blocks are made. At least 9 blocks should be filled with drawings. It does not count if a block has been filled only with color without any drawing. "Space utilization" is the concise version of "Space usage" in the DAF.

Questions	Yes	No
Even if more than nine blocks are painted, most of them are meaningless drawings that have been painted with the side of the pastel.		
Less than nine blocks are filled with a drawing.		
(EM) If at least one of the answers is marked as "Yes," allot a score of "1."	1	0

Surrounded

When a single-colored form or line completely surrounds an item. However, it does not have to be perfectly enclosed. “Surrounded” includes the criteria of “enclosure” in the DAF.

Questions	Yes	No
The form or line encloses an item that is alive.		
The form or line surrounds an item that is alive.		
(EM) If at least one of the answers is marked as “Yes,” allot a score of “1.”	1	0

Description

If the drawing is expressed in detail or not. Look carefully for a lack of description, distortion of size, omission, and emphasis in the drawing. If less than three colors are used, mark it as “lack of description.” “Description” including the criteria of “depiction” in the DAF has a larger concept of expression.

Questions	Yes	No
A lack of description.		
Any distortion of size in the drawing (small size).		
Any omitted parts (except the nose and ears of people).		
It is hard to recognize the form because of inaccuracy.		
(EM) If at least one of the answers is marked as “Yes,” allot a score of “1.”	1	0

Pen pressure

It refers to the amount of pressure that was applied when drawing. It has three levels: dim, medium, and strong. Dim is when the white color of the paper is visible. Medium is when the color has been painted well overall. Strong is when it is hard to discern the white part of the paper and when the color was painted very thick with the pastel. “Pen pressure” includes the criteria of “pressure” in the DAF.

Questions	Dim	Medium	Strong
Read the above-mentioned instructions and choose any one: Dim, Medium, or Strong.			
(EM) If at least one of the answers is marked as “Yes,” allot a score of “1.”	1	0	0

Quality of line

It is a graphic element that expresses an individual’s personality and feelings. The questions should be answered after checking the condition of the line. “Quality of line” includes the criteria of “Line length” in the DAF.

Questions	Yes	No
The line drawn is pale.		
Drawing without lines using only facets of the pastel.		
A long line that is formed using unconnected short lines.		
(EM) If at least one of the answers is marked as “Yes,” allot a score of “1.”	1	0