**Supplementary Table 1.** Sociodemographic characteristics by unstable employment condition-income

| Characteristics | Stable condition (1) | Unstable condition (0) |
|---|---|---|
| Sex | | |
|   Male | 62 (52.5) | 289 (42.6) |
|   Female | 56 (47.5) | 390 (57.4) |
| Age (years) | 29.09 (2.56) | 29.77 (2.94) |
| Education | | |
|   High school | 18 (15.3) | 113 (16.6) |
|   College | 12 (10.2) | 117 (17.2) |
|   University | 66 (55.9) | 384 (56.6) |
|   Graduate school and above | 22 (18.6) | 65 (9.6) |
| Job type | | |
|   Manager | 1 (0.8) | 18 (2.7) |
|   Professional | 41 (34.7) | 108 (15.9) |
|   Engineer and semi-professional | 13 (11) | 40 (5.9) |
|   Office worker | 32 (27.1) | 242 (35.6) |
|   Service worker | 15 (12.7) | 112 (16.5) |
|   Sales worker | 4 (3.4) | 38 (5.6) |
|   Skilled worker in agriculture and fisheries | 0 | 2 (0.3) |
|   Functional worker | 3 (2.5) | 15 (2.2) |
|   Mechanical worker | 3 (2.5) | 16 (2.4) |
|   Manual worker | 6 (5.1) | 86 (12.7) |
|   Soldier | 0 | 1 (0.3) |

Data are presented as the mean (SD) N (%). SD: standard deviation